



Mindful Word Search

M	H	P	M	A	Q	B	W	V	K	I	N	D	N	E	S	S	X	O	P	G	Z	F
S	K	X	C	K	C	E	K	Y	Y	X	W	V	F	T	J	M	N	B	A	R	S	M
G	O	T	W	A	H	C	S	T	N	E	M	E	V	E	I	H	C	A	F	I	A	S
Q	O	U	B	N	L	N	O	X	N	Y	S	W	R	V	A	P	I	W	O	H	W	B
B	I	A	L	G	T	M	R	M	N	O	I	T	A	T	I	D	E	M	C	F	A	V
A	N	O	L	Y	D	O	B	S	P	Y	N	O	M	R	A	H	S	Y	U	A	R	V
T	N	B	S	S	V	A	P	J	N	L	I	Y	L	U	E	V	E	I	S	V	E	A
C	E	T	T	R	E	L	A	X	A	T	I	O	N	A	W	O	T	M	H	D	N	B
X	R	R	E	A	V	T	S	L	L	I	K	S	E	F	I	L	B	I	G	A	E	D
L	P	Z	P	I	W	X	T	X	U	G	E	B	H	Y	V	B	A	N	Q	N	S	E
M	E	U	S	G	M	W	B	I	R	S	O	E	A	M	W	G	C	D	V	C	S	T
A	A	W	U	A	W	U	O	X	N	E	T	B	X	A	E	W	K	J	O	E	G	A
V	C	M	O	V	E	M	E	N	T	G	V	M	E	Z	O	N	S	C	Z	R	Y	N
V	E	H	T	W	O	R	G	O	X	S	S	E	N	L	L	I	T	S	W	C	D	I
I	Y	L	N	N	D	S	M	D	E	D	N	U	O	R	G	L	X	S	I	P	O	Q
P	T	I	R	I	P	S	K	S	Q	B	E	C	N	E	S	E	R	P	I	C	B	J

Legend

ACCOMPLISHMENTS
 ACHIEVEMENTS
 AWARENESS
 BODY
 CALM
 DANCER
 FOCUS
 GOAL SETTING

GROUNDED
 GROWTH
 HARMONY
 INNER PEACE
 KINDNESS
 LIFE SKILLS
 MEDITATION
 MIND

MOVEMENT
 PRESENCE
 RELAXATION
 SET BACKS
 SOUL
 SPIRIT
 STEPS
 STILLNESS